



## Left Field Football Club

### Norfolk County Football Association

#### Constitution of the Club for the 2023/2024 Season

The constitution of our Norfolk County FA affiliated club is as follows: 1 adult team (18+) consisting of both male and female players in a non-competitive training only format, 1 adult women's team (18+) in the NWGFL Women's 7-a-side league (Single Division) and 1 adult men's team (18+) in the non-league competitive County5IVES and County6IXES format organised by the Norfolk County FA.

#### **Mixed Division – non-competitive men's/women's joint**

Left Field Football Collective (18+)
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#### **Women's/Inclusive Division – NWGFL Sunday 7-a-side League – Division 1**

Left Field Inclusive Team (18+)
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#### **Men's Division – non-league Tuesday County6IXES competition with Norfolk County FA**

Left Field Men's Team (18+)
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### **COMMITMENT TO DIVERSITY AND INCLUSIVITY**

Our club is committed to providing opportunities from the coaching and management level, volunteer level and down to the individual player level for members of the community from any ethnic background, gender, sexual orientation, religious group or those with a physical impairment or disability.

Our leadership structure is comprised of men, women and non-binary members from within our local community, representing all aspects (socially, culturally, ability) of the diverse make-up of the



club as a whole. Managers, coaches and volunteers are voted-in or selected based on merit, held qualifications, tolerance and enthusiasm.

While all members are encouraged to take part equally, there is extra encouragement and support for those in our club who are historically underrepresented to take up leadership roles.

## **TRAINING & MATCH DAYS**

Currently, training takes place as one joint club, consisting of members from all 3 teams concurrently. Our club training schedule for summer and winter training is outlined below:

### **Summer Training:**

Thursday evening mixed team training from 7pm-9pm. Includes a mixed friendly from 8-9pm.

Training grounds (announced via club messaging group): Sloughbottom Park Playing Fields (subject to change – announced internally)

### **Winter Training:**

Thursday mixed team training from 7pm-9pm / mixed team friendly from 8pm-9pm.

Training grounds: UEA SportsPark, Astro & 3G Pitches, NR4 7TJ (subject to change – announced internally)

### **Match Days:**

Women's 7-a-side league and cup games are played on Sunday afternoons at 2pm at our designated home ground: FDC Open Academy, 3G Pitch 2, NR7 9DL – full schedule published on FullTime.

Men's County6IXES matches are played on Tuesday evenings between 7:15-9:30pm at UEA SportsPark – full schedule published on FullTime.



## COMMITTEE MEMBERS & VOLUNTEERS

Our elected committee members, coaching staff, safeguarding leads, key volunteers and corresponding contact details are listed below:

### 2023-2024 Elected Committee Members:

Chairman	Andrew Taylor	+447855861433 / andrew@taylormadeevents.co.uk
Treasurer	Emily Graham	+447788707555 / fiona@nor-folk.com
Secretary	Monica Cass	+447584228798 / monica@par-avion.co
Welfare Officer	Lewis Buxton	+447971261602 / lewisbuxtonwriter@gmail.com

### 2023-2024 Coaching / Managing Staff:

Women's Team Manager	Ash Linford	
Women's Team Manager	Monica Cass	
Women's Team Coach	Lewis Buxton	CRB, Level 1 Certificate, First Aid
Men's Team Manager	Andy Taylor	CRB, Level 1 Certificate, First Aid
Men's Team Assistant Manager	Matt Laband	
Men's Team Coach	Andy Taylor	CRB, Level 1 Certificate, First Aid
Mixed Club Coach	Andy Taylor	CRB, Level 1 Certificate, First Aid
Mixed Club Coach	Lewis Buxton	CRB, Level 1 Certificate, First Aid
Mixed Club Coach	Rosa Davies-Jones	
Mixed Club Coach	Ash Linford	
Mixed Club Coach	David Spinks	



## 2023-2024 Safeguarding Leads:

Safeguarding & Welfare Officer	Lewis Buxton	CRB, Level 1 Certificate, First Aid - DBS
Safeguarding Volunteer	Matt Laband	Lvl 2 Safeguarding - Primary School Teacher
Safeguarding Volunteer	Ruth Howes	Lvl 2 Safeguarding – DBS checked

## 2023-2024 Additional Volunteers:

Treasurer Co-signee	Gareth Howells	Assists Club Treasurer with finances
Club Volunteer	Tamsin Leah	Head of Socials Committee
Club Volunteer	Brogan O'Grady	Kit Orders
Club Volunteer	Ailish Beadle	Kit Orders / Socials Committee member
Club Volunteer	Megan Sampson	Socials Committee
Club Volunteer	Lewis Buxton	Social Media, Socials Committee
Club Volunteer	Molly Farley	Inclusivity Committee
Club Volunteer	Betty Atkins	Inclusivity Committee / Social Media
Club Volunteer	Rosa Davies-Jones	Inclusivity Committee
Club Volunteer	Ruth Howes	Socials Committee

## **CLUB FEE STRUCTURE**

We have 2 levels of membership within the club. Both levels cover registered members for basic level personal injury insurance. Match day kit, training equipment, pitch hire costs and game balls are also covered.

Members at the first two levels will be asked to pay a non-refundable £15 sign-on fee when first joining the club.



Non-Competitive Level	£10/month DD	Covers mixed team training and friendlies ONLY
Competitive Level	£15/month DD	Covers mixed training AND registration onto a competitive LFFC adult team

Any extras, such as personalised training tops, hoodies, club outings and transportation are to be covered by the individual member.

### **CLUB SPONSORS / CHARITABLE PARTNERSHIPS**

Norfolk & Waveney Mind are the selected charitable partner for the 2023-2024 season and our Home Kit sponsors. Various fundraising events will be put on by the club throughout the season to raise awareness about mental health and our club's commitment to supporting those who might need help.

<https://www.norfolkandwaveneymind.org.uk/>

Meantime Media are a creative video production and animation company based in Norwich and our Away Kit sponsors:

<https://www.meantime-media.co.uk/>