



Left Field Football Club

Norfolk County Football Association

Constitution of the Club for the 2025/2026 Season

The constitution of our Norfolk County FA affiliated club is as follows: 1 adult team (18+) consisting of both male and female players in a non-competitive training only format, 1 adult women's team (18+) in the NWGFL Women's 7-a-side league (Single Division) and 1 adult men's team (18+) in the non-league competitive County5IVES and County6IXES format organised by the Norfolk County FA.

Mixed Division – non-competitive men's/women's joint

Left Field Football Collective (18+)

Women's/Inclusive Division – NWGFL Sunday 7-a-side League – Division 1

Left Field Inclusive Team (18+)

Men's Division – non-league Tuesday County6IXES competition with Norfolk County FA

Left Field Men's Team (18+)

COMMITMENT TO DIVERSITY AND INCLUSIVITY

Our club is committed to providing opportunities from the coaching and management level, volunteer level and down to the individual player level for members of the community from any ethnic background, gender, sexual orientation, religious group or those with a physical impairment or disability.

Our leadership structure is comprised of men, women and non-binary members from within our local community, representing all aspects (socially, culturally, ability) of the diverse make-up of the



club as a whole. Managers, coaches and volunteers are voted-in or selected based on merit, held qualifications, tolerance and enthusiasm.

While all members are encouraged to take part equally, there is extra encouragement and support for those in our club who are historically underrepresented to take up leadership roles.

TRAINING & MATCH DAYS

Currently, training takes place as one joint club, consisting of members from all 3 teams concurrently. Our club training schedule for summer and winter training is outlined below:

Summer Training:

Thursday evening mixed team training from 7pm-9pm. Includes a mixed friendly from 8-9pm.

Training grounds (announced via club messaging group): Sloughbottom Park Playing Fields (subject to change – announced internally)

Winter Training:

Thursday mixed team training from 7pm-8pm / mixed team friendly from 8pm-9pm.

Training grounds: UEA SportsPark, Astro & 3G Pitches, NR4 7TJ (subject to change – announced internally)

Match Days:

Women's 7-a-side league and cup games are played on Sunday afternoons at 2pm at our designated home ground: FDC Open Academy, 3G Pitch 2, NR7 9DL – full schedule published on FullTime.

Men's County6IXES matches are played on Tuesday evenings between 7:15-9:30pm at UEA SportsPark – full schedule published on FullTime.



COMMITTEE MEMBERS & VOLUNTEERS

Our elected committee members, coaching staff, safeguarding leads, key volunteers and corresponding contact details are listed below:

2025-2026 Elected Committee Members:

Chairman	Andrew Taylor	+447855861433 / andrew@taylormadeevents.co.uk
Treasurer	Emily Graham	+447922192431 / emily_forster4@hotmail.com
Secretary	Monica Cass	+447584228798 / monica@par-avion.co
Welfare Officer	Rosa Davies-Jones	+447305005167 / Rosa.Davies.Jones@hotmail.co.uk

2025-2026 Coaching / Managing Staff:

Women's Team Manager	Monica Cass	IFAiF Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course DBS
Women's Team Assistant Manager	Rosa Davies-Jones	IFAiF Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course DBS
Men's Team Manager	Andy Taylor	Introduction to Coaching Football IFAiF Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course
Men's Team Assistant Manager	Chris Tilbury	
Men's Team Assistant Manger	Tom Matthews	
Women's Team Coach	Andy Taylor	Introduction to Coaching Football IFAiF Safeguarding Children Training

		Safeguarding for Committee Members Player Welfare Course
Men's Team Coach	Andy Taylor	Introduction to Coaching Football IFAiF Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course
Mixed Club Coach	Andy Taylor	Introduction to Coaching Football IFAiF Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course
Mixed Club Coach	Rosa Davies-Jones	IFAiF Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course DBS
Mixed Club Coach	Ash Linford	
Mixed Club Coach	David Spinks	
Mixed Club Coach	Sophie Grosse	
Mixed Club Coach - Consultant	Kieren Devine	Level 2 Coaching Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course DBS

2025-2026 Safeguarding Leads:

Safeguarding & Welfare Officer	Rosa Davies-Jones	Welfare Officer Training Safeguarding for Children Safeguarding for Committee Members DBS
Safeguarding Volunteer	Monica Cass	Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course DBS
Safeguarding Volunteer	Andrew Taylor	Safeguarding Children Training Safeguarding for Committee Members Player Welfare Course DBS
Safeguarding Volunteer	Emily Graham	Safeguarding for Committee Members



2025-2026 Additional Volunteers:

Club Volunteer	Tamsin Leah	Head of Socials Committee
Club Volunteer	Brogan O'Grady	Kit Orders / Webshop / Club Designer
Club Volunteer	Meadhbh Flynn	Kit Orders / Socials Committee member / Team Physio
Club Volunteer	Ruth Howes	Socials Committee
Club Volunteer	Megan Sampson	Socials Committee
Club Volunteer	Sophie Gross	Socials Committee
Club Volunteer	Betty Atkins	Inclusivity Committee / Social Media
Club Volunteer	Rosa Davies-Jones	Inclusivity Committee
Club Volunteer	Emma Garwood	Socials Committee
Club Volunteer	Sarah Hulme	Accreditation Renewal Support

CLUB FEE STRUCTURE

We have 2 levels of membership within the club. Both levels cover registered members for basic level personal injury insurance. Match day kit, training equipment, pitch hire costs and game balls are also covered.

Members at the first two levels will be asked to pay a non-refundable £15 sign-on fee when first joining the club.

Non-Competitive Level	£10/month DD	Covers mixed team training and friendlies ONLY
Competitive Level	£15/month DD	Covers mixed training AND registration onto a competitive LFFC adult team

Any extras, such as personalised training tops, hoodies, club outings and transportation are to be covered by the individual member.



CLUB SPONSORS / CHARITABLE PARTNERSHIPS

Norfolk & Waveney Mind are the selected charitable partner for the 2025-2026 season and our Home Kit sponsors. Various fundraising events will be put on by the club throughout the season to raise awareness about mental health and our club's commitment to supporting those who might need help.

<https://www.norfolkandwaveneymind.org.uk/>

Meantime Media are a creative video production and animation company based in Norwich and our Away Kit sponsors:

<https://www.meantime-media.co.uk/>

The Garden House Pub is a local Norwich pub and community space whose core values align with Left Field FC. They are inclusive and welcoming, providing a safe space for women, non-binary, trans and LGBTQ+. They are a charitable pub, regularly collecting items for the foodbank, clothing drives, toy drives; as well as hosting a warm venue for the less fortunate, elderly and veterans. We are proud to have them as a venue sponsor and unofficial club house to Left Field FC. We contribute as individuals and as a club to their charitable drives throughout the year.

https://www.facebook.com/gardenhousenorwich/?locale=en_GB

Gonzo's Tea Room is a local Norwich club venue and restaurant. They sponsor the Inclusive 7's End-of-Year party for Left Field FC. They are inclusive and welcoming, providing a safe space for women, non-binary, trans and LGBTQ+. We hope to bring them on more as a larger sponsor for the 2025-2026 season.

[gonzos tea room](#)